



# BEACH HOUSE

Assisted Living & Memory Care

1315 2nd Avenue N • Jacksonville Beach, FL 32250 • (904) 829-6479

### Management Team

Bethany Larkins ..... Executive Director  
Dia Wright ..... Director of Nursing  
Melissa Smith ..... Director of Life Enrichment  
Vanetta Brinson ..... Business Office Manager  
Sebastian Stuto ..... Director of Plant Operation  
Danielle Coleman . Assistant Director of Nursing  
Dave Roberts ..... Director of Sales & Marketing  
License ..... #12590

### Remember When: Mad Magazine

There was a time when teens and young adults couldn't wait to get their hands on an issue of Mad Magazine, the publication that aimed to "make fun of anything and everything." Launched as a comic book in 1952, lampooning popular characters of the era such as Superman and Archie, Mad made the switch to a magazine format in 1955. Soon after, its new mascot, a goofy grinning kid named Alfred E. Neuman, began appearing on the cover of many issues. Among Mad's many beloved recurring features were "Spy vs. Spy," "The Lighter Side of ..." and the Fold-In, located on the inside back cover, that could be creased to create a new picture. Paving the way for other films, TV shows and publications that spoofed news headlines and pop culture, Mad Magazine stopped producing new material in 2019.

### The Real Windy City

Chicago may be nicknamed the Windy City, but a city in the Southern Hemisphere holds the true title. Wellington, New Zealand, is considered the windiest city on Earth, with constant breezes averaging a speed of about 16 mph.

### March 2022



### First Flowers

The cup-shaped crocus is one of the first flowers to bloom every year. Popping up from the cold ground, sometimes through a blanket of snow, the blossoms announce the arrival of spring with their cheerful colors of purple, yellow and white.

### A Bunch of Blarney

One of Ireland's best-known legends, the Blarney Stone is said to give the "gift of gab"—the ability to charm others with witty words—to all who kiss it. Visitors of Blarney Castle, located in County Cork, must climb 127 steps up a steep spiral staircase, lie down on the floor, and lean backward to land a smooch on the stone, which is embedded in an outer wall 100 feet above the ground.

### Time Marches On

"Don't watch the clock; do what it does. Keep going." —Sam Levenson



# March 2022

MP Multipurpose Room    Outside  
L Living Room    TH Therapy Room  
P Porch  
MR Movie Room  
 Dining Room

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 10:30 <span style="background-color: #ff0000; color: white; padding: 2px;">MP</span> Exercise with H2 Health Care 2:00 <span style="background-color: #ff0000; color: white; padding: 2px;">L</span> Ice Cream Social 6:00 <span style="background-color: #ff0000; color: white; padding: 2px;">MR</span> Residents' Choice Movie	2 10:30 <span style="background-color: #ff0000; color: white; padding: 2px;">MP</span> Chair Aerobics 11:00 <span style="background-color: #ffff00; color: black; padding: 2px;">P</span> Porch Talks 1:00 <span style="background-color: #ff0000; color: white; padding: 2px;">MP</span> Beach House Bingo 2:00 <span style="background-color: #ff0000; color: white; padding: 2px;">L</span> Bean Bag Toss 3:00 <span style="background-color: #ffff00; color: black; padding: 2px;">P</span> Wine Down Wednesday	3 10:30 <span style="background-color: #ff0000; color: white; padding: 2px;">TH</span> Exercise with H2 Health Care 2:00 Wii Bowling 6:00 <span style="background-color: #ff0000; color: white; padding: 2px;">MR</span> Resident Choice Movie	4 10:00 <span style="background-color: #ff0000; color: white; padding: 2px;">MP</span> Move to the Music 11:00 <span style="background-color: #ff0000; color: white; padding: 2px;">MP</span> Brain Games 1:00 <span style="background-color: #ff0000; color: white; padding: 2px;">L</span> Beach House Bingo 3:00 <b>Happy Hour with Music &amp; Entertainment</b> 6:00 <span style="background-color: #ff0000; color: white; padding: 2px;">MR</span> Movie Matinee	5
6	7 10:30 <span style="background-color: #ff0000; color: white; padding: 2px;">MP</span> Chair Aerobics 11:00 <span style="background-color: #ff0000; color: white; padding: 2px;">MP</span> Brain Games 1:00 <span style="background-color: #ff0000; color: white; padding: 2px;">MP</span> Beach House Bingo 2:00 <span style="background-color: #ffff00; color: black; padding: 2px;">P</span> Wii Bowling 3:00 <span style="background-color: #ffff00; color: black; padding: 2px;">P</span> EZ Does it Trivia	8 10:30 <span style="background-color: #ff0000; color: white; padding: 2px;">MP</span> Exercise with H2 Health Care 2:00 <span style="background-color: #ff0000; color: white; padding: 2px;">L</span> Ice Cream Social 6:00 <span style="background-color: #ff0000; color: white; padding: 2px;">MR</span> Residents' Choice Movie	9 10:30 <span style="background-color: #ff0000; color: white; padding: 2px;">MP</span> Chair Aerobics 11:00 <span style="background-color: #ffff00; color: black; padding: 2px;">P</span> Porch Talks 1:00 <span style="background-color: #ff0000; color: white; padding: 2px;">MP</span> Beach House Bingo 2:00 <span style="background-color: #ff0000; color: white; padding: 2px;">L</span> Bean Bag Toss 3:00 <span style="background-color: #ffff00; color: black; padding: 2px;">P</span> Wine Down Wednesday	10 10:30 <span style="background-color: #ff0000; color: white; padding: 2px;">TH</span> Exercise with H2 Health Care 1:00 <b>Communion with St. Pauls</b> 2:00 Wii Bowling 6:00 <span style="background-color: #ff0000; color: white; padding: 2px;">MR</span> Resident Choice Movie	11 10:00 <span style="background-color: #ff0000; color: white; padding: 2px;">MP</span> Move to the Music 11:00 <span style="background-color: #ff0000; color: white; padding: 2px;">MP</span> Brain Games 1:00 <span style="background-color: #ff0000; color: white; padding: 2px;">L</span> Beach House Bingo 3:00 <b>Happy Hour with Music &amp; Entertainment</b> 6:00 <span style="background-color: #ff0000; color: white; padding: 2px;">MR</span> Movie Matinee	12
13	14 10:30 <span style="background-color: #ff0000; color: white; padding: 2px;">MP</span> Chair Aerobics 11:00 <span style="background-color: #ff0000; color: white; padding: 2px;">MP</span> Brain Games 1:00 <span style="background-color: #ff0000; color: white; padding: 2px;">MP</span> Beach House Bingo 2:00 <span style="background-color: #ffff00; color: black; padding: 2px;">P</span> Wii Bowling 3:00 <span style="background-color: #ffff00; color: black; padding: 2px;">P</span> EZ Does it Trivia	15 10:30 <span style="background-color: #ff0000; color: white; padding: 2px;">MP</span> Exercise with H2 Health Care 2:00 <span style="background-color: #ff0000; color: white; padding: 2px;">L</span> Ice Cream Social 6:00 <span style="background-color: #ff0000; color: white; padding: 2px;">MR</span> Residents' Choice Movie	16 10:30 <span style="background-color: #ff0000; color: white; padding: 2px;">MP</span> Chair Aerobics 11:00 <span style="background-color: #ffff00; color: black; padding: 2px;">P</span> Porch Talks 1:00 <span style="background-color: #ff0000; color: white; padding: 2px;">MP</span> Beach House Bingo 2:00 <span style="background-color: #ff0000; color: white; padding: 2px;">L</span> Bean Bag Toss 3:00 <span style="background-color: #ffff00; color: black; padding: 2px;">P</span> Wine Down Wednesday	17 10:30 <span style="background-color: #ff0000; color: white; padding: 2px;">TH</span> Exercise with H2 Health Care 2:00 Wii Bowling 6:00 <span style="background-color: #ff0000; color: white; padding: 2px;">MR</span> Resident Choice Movie	18 10:00 <span style="background-color: #ff0000; color: white; padding: 2px;">MP</span> Move to the Music 11:00 <span style="background-color: #ff0000; color: white; padding: 2px;">MP</span> Brain Games 1:00 <span style="background-color: #ff0000; color: white; padding: 2px;">L</span> Beach House Bingo 3:00 <b>Happy Hour with Music &amp; Entertainment</b> 6:00 <span style="background-color: #ff0000; color: white; padding: 2px;">MR</span> Movie Matinee	19
20	21 10:30 <span style="background-color: #ff0000; color: white; padding: 2px;">MP</span> Chair Aerobics 11:00 <span style="background-color: #ff0000; color: white; padding: 2px;">MP</span> Brain Games 1:00 <span style="background-color: #ff0000; color: white; padding: 2px;">MP</span> Beach House Bingo 2:00 <span style="background-color: #ffff00; color: black; padding: 2px;">P</span> Wii Bowling 3:00 <span style="background-color: #ffff00; color: black; padding: 2px;">P</span> EZ Does it Trivia	22 10:30 <span style="background-color: #ff0000; color: white; padding: 2px;">MP</span> Exercise with H2 Health Care 2:00 <span style="background-color: #ff0000; color: white; padding: 2px;">L</span> Ice Cream Social 6:00 <span style="background-color: #ff0000; color: white; padding: 2px;">MR</span> Residents' Choice Movie	23 10:30 <span style="background-color: #ff0000; color: white; padding: 2px;">MP</span> Chair Aerobics 11:00 <span style="background-color: #ffff00; color: black; padding: 2px;">P</span> Porch Talks 1:00 <span style="background-color: #ff0000; color: white; padding: 2px;">MP</span> Beach House Bingo 2:00 <span style="background-color: #ff0000; color: white; padding: 2px;">L</span> Bean Bag Toss 3:00 <span style="background-color: #ffff00; color: black; padding: 2px;">P</span> Wine Down Wednesday	24 10:30 <span style="background-color: #ff0000; color: white; padding: 2px;">TH</span> Exercise with H2 Health Care 1:00 <b>Communion with St. Pauls</b> 2:00 Wii Bowling 6:00 <span style="background-color: #ff0000; color: white; padding: 2px;">MR</span> Resident Choice Movie	25 10:00 <span style="background-color: #ff0000; color: white; padding: 2px;">MP</span> Move to the Music 11:00 <span style="background-color: #ff0000; color: white; padding: 2px;">MP</span> Brain Games 1:00 <span style="background-color: #ff0000; color: white; padding: 2px;">L</span> Beach House Bingo 3:00 <b>Happy Hour with Music &amp; Entertainment</b> 6:00 <span style="background-color: #ff0000; color: white; padding: 2px;">MR</span> Movie Matinee	26
27	28 10:30 <span style="background-color: #ff0000; color: white; padding: 2px;">MP</span> Chair Aerobics 11:00 <span style="background-color: #ff0000; color: white; padding: 2px;">MP</span> Brain Games 1:00 <span style="background-color: #ff0000; color: white; padding: 2px;">MP</span> Beach House Bingo 2:00 <span style="background-color: #ffff00; color: black; padding: 2px;">P</span> Wii Bowling 3:00 <span style="background-color: #ffff00; color: black; padding: 2px;">P</span> EZ Does it Trivia	29 10:30 <span style="background-color: #ff0000; color: white; padding: 2px;">MP</span> Exercise with H2 Health Care 2:00 <span style="background-color: #ff0000; color: white; padding: 2px;">L</span> Ice Cream Social 6:00 <span style="background-color: #ff0000; color: white; padding: 2px;">MR</span> Residents' Choice Movie	30 10:30 <span style="background-color: #ff0000; color: white; padding: 2px;">MP</span> Chair Aerobics 11:00 <span style="background-color: #ffff00; color: black; padding: 2px;">P</span> Porch Talks 1:00 <span style="background-color: #ff0000; color: white; padding: 2px;">MP</span> Beach House Bingo 2:00 <span style="background-color: #ff0000; color: white; padding: 2px;">L</span> Bean Bag Toss 3:00 <span style="background-color: #ffff00; color: black; padding: 2px;">P</span> Wine Down Wednesday	31 10:30 <span style="background-color: #ff0000; color: white; padding: 2px;">TH</span> Exercise with H2 Health Care 2:00 Wii Bowling 6:00 <span style="background-color: #ff0000; color: white; padding: 2px;">MR</span> Resident Choice Movie		





## Cartoon Characters

The world of animation has brought to life a wide range of characters over the years—everything from a Jazz Age flapper and a talking bear to a crime-solving dog and a sea sponge. Take a look at these popular cartoon characters and when they made their screen debuts.

Year	Character	Debut Cartoon/Series
1928	Mickey Mouse	"Steamboat Willie"
1930	Betty Boop	"Dizzy Dishes"
1940	Bugs Bunny	"A Wild Hare"
1958	Yogi Bear	"The Huckleberry Hound Show"
1969	Scooby-Doo	"Scooby-Doo, Where Are You!"
1989	Homer Simpson	"The Simpsons"
1999	SpongeBob SquarePants	"SpongeBob SquarePants"
2000	Dora	"Dora the Explorer"
2004	Peppa	"Peppa Pig"
2012	Daniel Tiger	"Daniel Tiger's Neighborhood"

## "This Month In History" MARCH

**1923:** The dance marathon craze kicks off in New York City, after Alma Cummings sets a record by dancing continuously for 27 hours.

**1933:** President Franklin D. Roosevelt gives his first "fireside chat," broadcast to the nation on radio.

**1941:** Actor Jimmy Stewart enlists in the U.S. Army Air Corps. During World War II, he rose to the rank of colonel.

**1950:** Silly Putty goes on sale.

**1968:** Country music legend Johnny Cash marries singer-songwriter June Carter.

**1988:** Author Toni Morrison wins the Pulitzer Prize for her novel "Beloved."

**1990:** To honor the NBA's all-time leading scorer, Kareem Abdul-Jabbar, the Los Angeles Lakers retire his No. 33 jersey.

**2006:** The English language version of the online encyclopedia Wikipedia reaches 1 million entries.

**2011:** NASA's Discovery space shuttle completes its 39th and final mission.

**2019:** England's Queen Elizabeth II makes her first post on Instagram. She shared an image of a letter from inventor Charles Babbage to her great-great-grandfather, Prince Albert.